

## Alyce Cristina Vallejo (USA – German, French, and Honduran descent) – *Dancer, Walk for Life coach*

Alyce's professional career has spanned over a decade in the Charlotte area, performing with Martha Connerton's Kinetic Works (12 seasons), as a guest artist for the Charlotte Youth Ballet (10 years), Movement Migration (2019), and Moving Poets Charlotte and Berlin (since their relaunch in 2013). In true Moving Poets style, she performs in a wide variety of venues from stage to art gallery to site specific performances in collaboration with other esteemed artists, musicians, actors, and writers. This wide-ranging experience fuels and challenges the depths and imagination of Alyce's artistic expression. She also teaches dance in public and private settings, integrating the art of dance and curriculum and providing students with the foundation to thrive as technicians and artists. Additionally, Alyce is a certified yoga teacher, teaching various weekly classes at Yoga One and Charlotte Yoga. She is also the creator and co-leader of Discover Your Pura Vida: Yoga, Adventure, and Cultural Retreat in Costa Rica. You can catch Alyce dancing her way around Charlotte in her most powerful and challenging role as mama to her daughter, Amelia Jean. Through Amelia's wide-eyed discovery, Alyce is inspired to make every day an adventure full of LOVE! Alyce is honored and humbled to be dancing, creating, learning, and growing as part of Till and MyLoan's Moving Poets family. @alycecristina

## Call to action:

"Create connection and spark a conversation with someone. Ask them where they and their family are from. Dissolve barriers and connect through listening." – Alyce